## SIZE GUIDE

(Measurements cm)

|  | BUST | UNDERBUST | WAIST | HIP |
| :---: | :---: | :---: | :---: | :---: |
| $6 / \mathrm{XS}$ | 79 | 70 | 60 | 80 |
| $8 / \mathrm{S}$ | 84 | 75 | 65 | 90 |
| $10 / \mathrm{M}$ | 89 | 80 | 70 | 95 |
| $12 / \mathrm{L}$ | 94 | 85 | 75 | 100 |
| $14 / \mathrm{XL}$ | 99 | 90 | 80 | 105 |


|  | AUS | US | UK | EU/JPN/HK |
| :---: | :---: | :---: | :---: | :---: |
| Xs | 6 | 0-2 | 6 | 32-34 |
| S | 85 | 2-4 | 8 | 34-36 |
| M | 10 | 4-6 | 10 | 38 |
| L | 12 | 8-10 | 12 | 40 |
| XL | 14-76 | 12-74 | 14-76 | 43 |
| XXL | 18-20/22* | 16-18/20* | 18-20/22* | 46/48* |

THE FIT GUDIE
How to mesure

Use a tape measure to measure, holding the tape securely around for key points.

1. BUST - Measure over the fullest area of the bust \& straight around the back
2. UNDER-BUST - Measure directly under the bust \& straight around the back
3. WAIST - The waist is below the abdomen
between the rib cage and hips
4. HIP - Measure the fullest part of the hip
ensuring the tape is straight around the body

